



Name: _____

Success Integrated

presents

Study Skills for Success – Part 2

“To achieve great things in life is a choice.
It’s never whether you can, it’s always whether you will.”

- Darren Pereira



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www.successintegrated.com



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B.E.S.T.

B

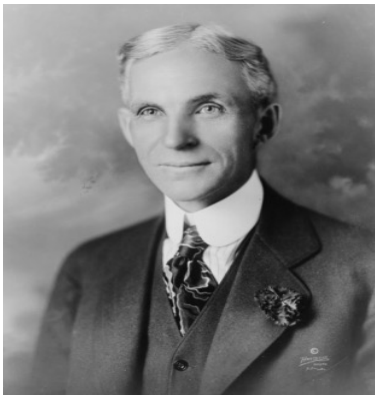
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S

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BELIEF -

DOUBT -



“If you **think** you or **think** you, either way you’re right”

- Henry Ford

selfiechallenge

Name:

School:

Subjects

Study Scores / Grades

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.



ATAR:

JOB:



facebook.com/siselfiechallenge



[@success_integrated](https://instagram.com/@success_integrated)



timemanagement

Step 1: P

Write down all

1 minute in P.....

Step 2: P

Order of

SAVES

4 minutes in D.....

Step 3: C

Break it

Step 4: T

Allocate



time**management**

Monday 15 February

3 Biology: CH.6 Qs 1-3

Q.1	12 mins
Q.2	9 mins
Q.3	18 mins

1 English: Analyse Article

Read article & underline key points	7 mins
Draw up a mind map	15 mins

2 Accounting: Revise Ch.3 Double Entry

Memorise double entry rules	25 mins
Complete Trial Balance	22 mins

examprep

Form a study group

Example:

- 4 people study 4 chapters for 4 hours
- Write notes (mind map)
- Exchange notes & the group the content

... hours study = ... hours information



examprep

Q. How can I predict up to 70% of the exam with accuracy?

A. Common S.....

1. Look over p..... e..... questions

2. Study areas of the s..... that your teachers emphasised



past**exam**papers

Why should I do past exam papers?

T.....

Identify **popular t.....** that come up **regularly**

Time

Learn to complete an exam in the **time allocated** under **exam**

P.....

Ascertain **s.....** - what I know

Ascertain **w.....** - what I don't know

Identify **what** & much to **study**



<https://vcaa.vic.edu.au/assessment/vce-assessment/past-examinations/Pages/Index.aspx>

Baroque music

Listening to Baroque music while studying induces relaxed
& recall performance by at least%

Choose music with a:

- tempo
 - **regulates** the heart beat – beats per min
 - **synchronises** the breathing
- orchestra (avoid vocals or other instruments that stand out because they can cause distraction).

Eg. Bach / Handel / Vivaldi

Study Skills for Success - Part 2 Feedback

Name:

Year Level:

School:

Q.1 What would you rate the seminar overall on a scale from 1 – 10?

Outstanding 10 | Excellent 9 | Very good 8 | Good 7 | Average 6 | Below average 5

A.1 Score:

Q.2 What were the 3 best ideas you learnt from the seminar?

A.2 1.

2.

3.

Q.3 Would you be interested in having us come back to do different seminars in the future?

A.3 Yes

No

Maybe

Q.4 Did you dislike anything about the seminar?

A.4 Yes / No If Yes, write your concern and how it can be improved.

Q.5 Do you think this seminar has given you strategies to perform better at school? Please tick ONE BOX

A.5 Yes

No

Other - please comment:

Q.6 Please write a few sentences explaining specifically what you gained from the seminar.

A.6

