



Darren's *Shape Your Destiny* program exceeded our expectations at St Ursula's. Our Year 10s were in the middle of the subject selection process when Darren delivered his workshop, so they were particularly receptive. However, I believe it was Darren's blend of energy, humour and wisdom that combined to create a powerful response in our girls. The dj added an extra touch that was very well received. The students' feedback was overwhelmingly positive, as was the supervising teachers'. I also had positive feedback volunteered by parents on staff who said that their daughters couldn't stop talking about it.

From my perspective, as the Careers Adviser, I was very pleased to see Darren covering areas that I have not been able to cover due to limited access to class time. Such areas included: motivational areas, encouraging the girls to deeply reflect on their strengths and their passions; goal setting; an introduction to the Job Guide and its associated work types; the myfuture website; and a brief introduction to the Myers-Briggs (which our girls had recently completed). Overall, *Shape Your Destiny* was a highly successful addition to our Year 10 program and we're now looking at how we can incorporate Darren's study skills workshop into our Year 11 timetable as well as looking at staff and parent workshops.

*Jan Walls*

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