



Which Simpsons character are you most like?



# What is personality?

A person's preferred style of behaviour

We are 'creatures of habit'

we tend to be consistent over <u>time</u> & <u>situations</u>

A very well validated measurement of our behaviour or personality is the Myers Briggs Type Indicator (MBTI)



### What the MBTI is...

#### The MBTI:

- is a measure of our dominant preferences for taking in <u>information</u> & making <u>decisions</u>
- helps to explain our working style preferences
- profiles are no <u>better</u> or <u>worse</u> than another
- may not be <u>polarised</u> clearly between scales
  - that is, you can be a little of both



### The Scales

Extraversion (E)

Introversion (I)

Sensing (S)

Intuition (N)

Thinking (T)

Feeling (F)

Judging (J)

Perceiving (P)



# What the MBTI is not...

#### The MBTI:

- measures our abilities it's not a test
- is a tool or 'indicator' you can agree or disagree
- there are no right or wrong answers



### **Instructions**

You have to circle one letter from each of 4 pairs of opposing personality type indicators

This will result in a 4 letter code eg. ENTP

The code will be cross matched to one of 16 Simpsons characters with whom your personality is most closely aligned

Remember: choose words according to how you are, not how you want to be. That is, your <u>instinctive</u> responses or behaviours.



### **Scoring Example**



or

You prefer to direct your energy to deal with people, things & situations.

People
Expressive
Speak to think

You prefer to direct your energy to study ideas, information, explanations or beliefs.



Choose only <u>one</u> word from each of the 3 opposing pairs; even if you feel you may be a little of both.

The total number of circles words should <u>not</u> exceed 3.



### **Direction of your Energy**

or

You prefer to direct your energy to deal with people, things & situations.

People
Expressive
Speak to think

You prefer to direct your energy to study ideas, information, explanations or beliefs.

Private
Contained
Think to speak



### **Information Processing**

S

or

N

You prefer to deal with facts, proven procedures, what you know, a realist in the here & now.

You prefer to deal with ideas, look into the unknown, to generate new possibilities or to anticipate what isn't obvious.

Present Practical Familiar

Future Imaginative New



# **Making Decisions**

Τ

or

F

You prefer to decide on the basis of logic, using an analytic and impersonal approach.

You prefer to decide using values &/or beliefs, using a subjective, people oriented approach.

Head
Objective
Analytical

Heart
Subjective
Empathetic



# Organising your life

J

or

P

You prefer your life to be planned in a stable and organised way.

You prefer to go with the flow, have flexibility & respond to events.

Organised
Scheduled
Good finisher

Flexible
Spontaneous
Good starter



### **Cross Match**



#### **Protectors (SJ)**

Туре	ESTJ Chief Wigam	ESFJ Ned Flanders	ISTJ Principal Skinner	ISFJ Marge Simpson
Character				
Strength	Enthusiastic people who are driven to fulfil their obligations and duties. They are committed to relationships which they consider to be lifelong & unalterable. Good in a tight spot	Warm hearted individuals who highly value their relationships.  People focused with the ability to bring out the best in others.	Honour their commitments.  Able to take constructive criticism well.	Warm, friendly and affirming by nature.  Excellent organisational capabilities.
Weakness	Tendency to always need to be in charge & maybe controlling of friends & colleagues.	Can be self-sacrificing & may not pay enough attention to their own needs.	Tendency to believe that they're always right.  Their value for structure may seem rigid to others.	Extreme dislike of conflict and criticism.  Unlikely to express their needs, which may cause pent-up frustrations.
Personality	ESTJ – The Guardian	ESFJ - The Caregiver	ISTJ - The Duty Fulfiller	ISFJ - The Nurturer

#### **Creators (SP)**

Туре	ESTP Bart	ESFP Homer	ISTP Sideshow Bob	ISFP Smithers
Character				
Strength	They love action & always seem to be doing something. Clear-headed when dealing with emergencies. Enjoys lavishing loved ones with big gifts. Good to have on your side.	Generous & will go out of their way to help peers.  Live for the moment & know how to make the most of each moment.	Usually self-confident.  Not threatened by conflict or criticism.	Flexible and laid-back.  Usually willing to defer to their mates.  Warm, friendly & affirming by nature.
Weakness	Gets bored easily.  Enjoys lavishing loved ones with big gifts.	Can take conflict personally.  Resists relationships that require them to function on a high intuitive or thinking level.	They thrive on action & excitement & may stir things up to create it.	Extreme dislike of conflict & criticism.  Tendency to hold back their thoughts & feelings unless drawn out.
Personality	ESTP - The Doer	ESFP - The Performer	ISTP - The Mechanic	ISFP - The Artist

#### **Intellectuals (NT)**

Туре	ENTJ Krusty the Clown	ENTP Kent Brockman	INTJ Mr Burns	INTP Prof Frink
Character				
Strength	Enjoys lively intellectual conversations - welcoming such interactions as a learning opportunity	Laid back & can get along with almost all other types of people. Enjoys discussing & debating theories and concepts that interests them.	Not threatened by conflict or criticism.  Able to leave relationships which should be ended.	Approaches things which interest them very enthusiastically.  Richly imaginative and creative.
Weakness	Can be direct & confrontational	Can initiate arguments because they enjoy the debate.	May be insensitive at times.  Tendency to be unwilling or unable to accept blame	Tend to be suspicious & distrusting of others. Tends to 'blow off' conflict situations by ignoring them or else they 'blow up' in heated anger.
Personality	ENTJ - The Executive	ENTP - The Visionary	INTJ - The Scientist	INTP - The Thinker

#### **Visionaries (NF)**

Туре	ENFJ Apu	ENFP Barney Grumble	INFJ Lisa Simpson	INFP Ralph Wigam
Character	Apu	Barney Grumble	Lisa Silipsoli	Raipii Wigaiii
Strength	Warm sociable people who are keenly in tune with others' feeling & perspectives.	See the best in people & likely to bring out the best in people.  Put a lot of effort into making thing work out between people.	Have very high expectations for themselves & others (both a strength & weakness).  Sensitive and concerned for others' feelings.	Driven to meet others' needs.  Strive for 'Win-Win' situations .
Weakness	Well defined value systems can make them inflexible in some areas .		Extreme dislike of conflict & criticism.	May tend to be shy & reserved.  Perfectionist tendencies may cause them to not give themselves enough credit.
Personality	ENFJ - The Giver	ENFP - The Inspirer	INFJ - The Protector	INFP - The Idealist