



# MENTONE

## GRAMMAR

6/6/05

To Whom It May Concern:

Our School has conducted the Shape Your Destiny seminar using Darren Pereira as the facilitator for the last four years. The seminar has been part of a series of activities we have conducted with our Year 10 boys designed to assist them with the 'journey through life' and, in particular, with making subject selection decisions.

The boys respond very well to Darren's seminar which has the right balance of activity, writing and responding. His presentation skills are excellent and engaging. His knowledge is unquestionable, he has a high energy level, he is extremely motivating and he ensures that all students are involved in a fun time. The inclusion of dancing and modern music enhances the seminar considerably. The methodology used takes students out of their comfort zone appropriately and the level of learning is high.

The boys have always found the seminar interesting and the material presented has helped them develop clearer directions both within School and outside of it. The goal setting component is particularly useful for the format of the day we have as we are trying to get them to 'take stock' of where they are at and where they are going.

I have no hesitation in recommending this seminar under Darren's guidance.

M.J.Cater

Deputy Headmaster

Head of Senior School