



23rd August, 2005

Darren Pereira
 Success Integrated
 Suites 1 – 3
 131 Bulleen Road
 NORTH BALWYN VIC 3104

Dear Darren,

I am pleased to advise that the Shape Your Destiny Seminar was extremely well received at Ballarat Grammar, as you will see from the following comments collected from Year 10 students;

Did you have fun in the Seminar? - Yes 99.2%

Did the seminar give you more clarity around your future direction? - Yes 90.5%

What were the 3 best ideas you learnt from the seminar?

- S.M.A.R.T. goals, holistic learning, anchoring peak state
- Visualising goals, action steps, anchor
- Specifying written goals, start today, action steps

Did the seminar give you more clarity around your future direction? Why/Why not? Reason:

- It helped me confirm exactly what I wanted to do and taught me steps to reach my goal.
- Made everything seem easier and clearer.
- It made me realise what my interests and talents were.
- I know much more what I want to do in the future.

Please write a few sentences explaining specifically what you gained from the seminar:

- It has inspired me to go out and achieve my goal and beat the obstacles.
- I gained confidence to try and succeed in what I am talented in!!
- Made everything clear. Motivated and inspired me.
- I had no idea what I was going to do but now I have lots of ideas!
- I felt more confident, realising I COULD actually achieve my goals and it starts today.
- It was good because writing it down made me understand where I was.
- Just to believe that I am capable of doing what I want in the future.
- I am now clear on what I'm interested in and this will help me in the future.

The School feels that the Shape Your Destiny presentation was worthwhile, and was certainly money well spent. We look forward to hearing about your future programs.

Yours sincerely,

NOLA C. SQUIRE
 Assistant Head

